

THE NET

Welcome to the North East Teaching Public Health Network's (NETPHN's) sixth newsletter
News, views & updates for those in public health education, learning & capacity building

Derwentside College Health Promotion Strategy: a whole college approach to promoting health

Derwentside College in partnership with County Durham Primary Care Trust launched Derwentside College Health Promotion Strategy (DCHPS) 2007-2010 early in 2007. The Public Health teams have been working with the College for a number of years, facilitating campaigns, health events & training for staff. With the emerging national healthy college programme, subsequent growing awareness of the healthy college concept & the need to address health & inequalities in Derwentside, a whole college & a more strategic approach to promoting health within the college has been needed. DCHPS provides background information on the healthy college concept & whole college approach and gives information about the College, the lifestyles of students & current college activities & services. It has a clear aim & related priorities, & contains detailed action plans. It includes the organisational framework & communication structure required for implementation of the strategy.

The aim of DCHPS is to promote healthy lifestyles & reduce health inequalities through whole college interventions. The main requirements to achieve this aim are currently being endorsed & are that:

- DCHPS is fully recognised & developed through the College as a strong strategic framework towards a whole college approach to improving health.
- DCHPS is owned through the Healthy College Task Group & the whole college community & actions are successfully being carried out.
- The College is developing in line with DCHPS & has agreed to be one of a number of national pilots, leading in informing the work nationally.
- The key actions that are outlined in the action plans are integrated into the Derwentside College Strategic Development Plan (DCSDP) & are included in line with progression & DCSDP reviews.
- The college will need to be mindful of the fact a whole college approach means thinking about how things are done, as well as what is done. The process of achieving the outcomes will need to ensure meaningful whole college community participation is at the core of the work. **continued >>>**

The NETPHN key objectives are to:

- increase the profile of public health across the region
- embed public health in curricula
- develop and enhance public health teaching capacity and capability
- co-ordinate the sharing of existing good practice with regard to public health teaching and learning.

>>> PCT Service Level Agreements & Service Specifications in relation to LDP funds are being adhered to & monitored.

Work with New College Durham is underway with New College Health Improvement Strategy to be launched on 9th December 2008.

View DCHPS at www.healthpromotion.org.uk/hpac

Northumbria University are inviting applications for a new Post Graduate Certificate in Environmental Health Practice. A work based, part time course aimed primarily at EH Practitioners or those in related professions looking to develop their competencies beyond under graduate level and/or wish to demonstrate competence in line with emerging national competence frameworks. Delivery of the course is very flexible & aims to dovetail with existing work activities such as CPD & work projects. For further information phone the admissions team on **0191 227 4455**, email **et.admissions@northumbria.ac.uk** or go online at www.northumbria.ac.uk

NETPHN's 2nd annual conference

Thursday 15 January 2009,

Royal Station Hotel, Newcastle upon Tyne.

Key note speaker - Professor Stephen Singleton, Regional Director of Public Health.

Main conference themes:

- Developing public health educator capability & capacity.
- Facilitating the embodiment of public health throughout higher & further education curricula.
- Promoting healthy universities & colleges.

Conference updates will be available at the NETPHN website www.tphn.org.uk in October 2008.



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This month's spotlight - University of Sunderland

The faculty of Applied Sciences within the University of Sunderland provides students with the opportunity to engage in an array of academic disciplines delivered by experts in the Computing, Engineering & Technology, Pharmacy, Health & Well-being, Psychology & Sport & Exercise Sciences.

Flexibility is the key to the job market & flexibility underpins our wider range of Joint Honours (Combined Subjects) programmes. Combinations of two or more subjects can be put together. This enables students to use their primary degree focus within a health context, for example community health & photography or computing & health research. In addition, our Customised Modular Scheme means you can combine a number of subjects from a portfolio of options to create an academic programme tailored to an individual's career development needs. The faculty also offers single modular short courses & continuous professional development provision to support individuals in meeting the demands of their public health roles. A comprehensive list of courses is available online at www.sunderland.ac.uk. All of the programmes of study described in the newsletter can be studied full or part time.

Basis in Problematic Drug and Alcohol Use is a continuous professional development course designed for students who want to develop an understanding of drug & alcohol misuse issues. This 15 week diploma can be completed around work commitments & the programme is aligned with the Drugs & Alcohol National Occupational Standards (DANOS). The course has been designed to offer students a wide range of drug & alcohol awareness, education & knowledge. Students study the social, psychological & biological consequences of drug use, which apply to communities & individuals in a variety of settings. Upon successful completion of the programme, students receive a University Diploma. The qualification can allow a student to progress to further related short programmes at Sunderland, or put the credits towards a higher level undergraduate programme. The programme attracts students already working in the field & wanting to develop their careers as well as those wanting to pursue a career in drug & alcohol work. Elements of the programme can be combined with undergraduate programmes enabling students to combine a specialism alongside their general programme of study, for example youth or care workers. For more information contact Jacqui.merchant@sunderland.ac.uk

BSc (Hons) Community Health - This unique programme gives students the opportunity to explore the community health issues facing our society today. The programme enables students to focus on linking theory with practical knowledge & experience gained on placements. Students receive a solid grounding in the core public health competencies around assessment, research skills, health policy & critical application of knowledge. The course can be studied at the University, by distance learning, or by using a combination of both. Students also benefit from our links with health & community agencies & the programme includes two opportunities to gain work experience with those agencies. The placements can be experienced in a variety of settings according to student needs. The programme aims to equip students to work in a wide range of careers that have developed in line with current national government health & social policy & prepares students for several roles within the public health workforce, for example in the areas of changing health behaviour, addressing community health issues, health research, health improvement & health needs assessment. For further information

contact anne.charnock@sunderland.ac.uk

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>>> **BA (Hons) Health & Social Care** gives students an understanding of how British society identifies and deals with health and care issues. This exciting degree has been developed as a response to the changing shape of health and social care provision in the UK. The degree allows students to draw on the expertise of teaching staff from three key subject strands: Health Studies, Sociology/Social Policy; & Social Work. Students are encouraged to draw on these strands to critically explore & question the way in which health, social care & welfare are planned, provided & delivered in the UK today.

This broad based study programme equips students for employment in a wide range of health, social care & welfare settings including project management, inspection & monitoring within the statutory & voluntary welfare sectors, advocacy, health education outreach & development work, care work, GP liaison, health promotion, planning & research, policy development, work within the probation service & support agencies. This programme is very relevant for professionals within the health & social care fields who need to update their skills in response to multi-disciplinary working practices & multi-agency settings. For further information contact sheila.emmett@sunderland.ac.uk

Msc Community Health was developed to address a workforce need for practitioners wanting to specialise in working with & for communities. It has a strong community development/involvement programme of study & attracts students from a variety of disciplines, either those with a health background wanting to understand community work better, or those with a strong community experience wanting to use it within a health context. The programme is flexible & can be studied to certificate, diploma or MSc level according to the individual's aspirations. The programme of study aims to develop student skills in public health research methods particularly those suitable for community health needs. It is therefore suitable for students wishing to pursue a career in academic public health as well as health improvement. For more information contact anne.charnock@sunderland.ac.uk

To become a NETPHN member go to www.tphn.org.uk and fill in the registration form.

Meet the NETPHN team

Prof. Ann Crosland – University of Sunderland

Annie Wallace – Project Director for Curriculum Development

April Dickens – Project Officer

Jean Craister – Administrator

To contact a member of the team:

- phone Jean Craister on **0191 5153066** or
- email jean.craister@sunderland.ac.uk



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www.TPHN.org.uk